

CAS C.A.R.E.S. New Student Orientation
**Community, Academic Excellence, Resource Navigation,
Engagement, Support**



August 17, 2026 – August 21, 2026

Monday, August 17

Time	Session	Location
8:00–9:00 AM	Check-in & Breakfast	Trinity Center
9:00–9:15 AM	Welcome Remarks (President McGuire, Provost Ocampo, Dean Ramamurti)	Trinity Center
9:15 – 9:25 AM	Alumna Spotlight – Sherron Washington '03 and '05	Trinity Center
9:25–9:30 AM	Orientation Overview	Trinity Center
9:30–10:00 AM	Ice Breaker	Trinity Center
10:00 – 10:30 AM	Registration 101- All about Registering for Classes	Trinity Center
10:30–11:30 AM	Trinity Amazing Race (campus-wide team challenge)	Campus Grounds
11:30–12:30 PM	Lunch	Alumnae Hall
12:30–1:30 PM	“Taking Care of You” (Health & Wellness activities)	Trinity Center
1:30–2:00 PM	Small Groups & Myers Biggs Super Strong Survey	Trinity Center
2:00–5:00 PM	“Taking Care of Business”: Advising, Registration, Billing	Payden Academic Center

Event Highlights:

Alumna Spotlight

Each day, a distinguished Trinity alumna will be featured in a 10-minute spotlight. She will share her personal journey and reflect on how Trinity shaped her path, offering inspiration and insight to our current students.

Trinity Amazing Race

Inspired by the hit television show, this campus-wide adventure will have students racing in small groups alongside peer advisors and teammates. Participants will tackle trivia questions and complete interactive group challenges as they navigate their way through the course, all while building community and school spirit.

Taking Care of You Activity

Join the Health and Wellness Center as they share valuable information about the services they offer and guide you through practical self-care strategies for college life. This interactive session includes two hands-on activities designed to help you relax, recharge, and take better care of your mental and physical well-being.

Tuesday, August 18

Breakfast for all & evening dinner for residential students repeat daily in Alumnae Dining Hall.

Time	Session	Location
8:50 – 9:00 AM	Announcements and Overview	O’Connor Auditorium
9:00–9:10 AM	Alumna Spotlight – Anna Roland ’16	O’Connor Auditorium
9:10–9:20 AM	Morning Small-Group Breakouts	O’Connor Auditorium
9:20- 9:30 AM	Let’s Be Social- Navigating Trinity’s Website and Social Media	O’Connor Auditorium
9:30–10:15 AM	Advising 101	O’Connor Auditorium
10:30–11:00 AM	Disability Support Services Intro	O’Connor Auditorium
11:00–11:30 AM	Library Services & Research and Writing Center	O’Connor Auditorium
11:30–11:45 AM	Tutoring Services	O’Connor Auditorium
11:45–12:00 PM	Career Services	O’Connor Auditorium
12:00–1:00 PM	Lunch- “Chat and Chew” with Faculty	Cuvilly Café
1:00–2:00 PM	Enrichment Activity: Line Dance Lesson	Social Hall
2:00–2:30 PM	Small Groups & Exit Survey	O’Connor Auditorium
3:00–5:00 PM	“Taking Care of Business” Advising, Registration, Billing	Payden Academic Center

Event Highlights:

Chat and Chew

During lunch, faculty members are invited to join students for an informal meet-and-greet session. Faculty will be introduced before lunch, giving students the opportunity to connect, ask questions, and engage in meaningful conversations over a meal.

Afternoon Enrichment Activity

Get ready to move! The afternoon will feature a **line dance lesson** showcasing three popular dances. The session will be led by **Michelle Koduah** and supported by our enthusiastic peer advisors, promising a fun and energetic experience for all.

Wednesday, August 19

CAS in Motion: Simulated mini-classes (rotate through four stations).

Time	Station Rotations (CRS, Math, STEM, Freshman Survey)	Location
8:50 – 9:00 AM	Announcements and Overview	O'Connor Auditorium
9:00–9:10 AM	Alumna Spotlight - Jamiley Ramos '26	O'Connor Auditorium
9:10 – 9:40 AM	Morning Small Group	O'Connor Auditorium
9:40 – 10:00 AM	CAS in Motion Session Overview	O'Connor Auditorium
10:00–10:50 AM	Session 1	Various Rooms
11:00–11:50 AM	Session 2	Various Rooms
12 :00 PM – 1:00 PM	Lunch “Chat and Chew for Cohorts”	Cuvilly Café
1:00–1:50 PM	Session 3	Various Rooms
2:00–2:50 PM	Session 4	Various Rooms
3:00 – 5:00 PM	“Taking Care of Business” Advising, Registration, Billing	Payden Academic Center

Event Highlights:

CAS in Motion CAS in Motion is an immersive event where students engage in simulated classes led by faculty from Math, CRS, and STEM. Each 50-minute, activity-based session is designed to introduce students to their upcoming fall courses. A dedicated session for completing the online Freshman Survey has also been added. Students rotate through all sessions to ensure full participation and exposure.

Chat and Chew

During lunch, various cohort directors are invited to join students for an informal meet-and-greet session. Directors will be introduced before lunch, giving students the opportunity to connect, ask questions, and engage in meaningful conversations over a meal.

Thursday, August 20

Time	Session	Location
8:50 – 9:00 AM	Announcements & Overview	Social Hall
9:00–9:30 AM	Morning Breakouts	Social Hall
9:30 – 10:00 AM	Financial Literacy Activity	Social Hall
10:00 – 10:15 AM	Break	
10:15–12:00 PM	“Sister to Sister Connection”	Social Hall
12:00–1:00 PM	Lunch - “Chat and Chew” with Alumnae	Cuvilly Café
1:00–2:30 PM	Resources Carnival	Trinity Center
2:40–3:00 PM	Program-Specific Meetings	Payden and Main Hall

3:00–5:00 PM	“Taking Care of Business” Advising, Registration, Billing	Payden Academic Center
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Event Highlights

Sister to Sister Connection

This engaging session will bring together multiple Trinity alumnae and new Trinity students to build meaningful connections. Through a panel discussion, small group conversations, and interactive activities, incoming freshmen will have the opportunity to be inspired by the successes and experiences of Trinity graduates. The goal is to forge lasting bonds and empower the next generation of Trinity women through mentorship and shared sisterhood.

Resource Carnival

Step right up to the most exciting event of the season! Join us for the Resource Carnival — a fun-filled, carnival-themed celebration where students can explore all the incredible majors, programs, clubs, and departments our campus has to offer. Students will visit each booth to learn more about campus resources and get their passport punched at every stop. Each booth will feature interactive games, giveaways, and activities to keep the fun going! Students will enjoy classic carnival snacks like popcorn and cotton candy as they explore, connect, and win! Students will be provided the chance to discover campus opportunities, connect with peers, and enjoy the carnival vibe!

Friday, August 21

Time	Session	Location
8:00–9:00 AM	Check-in & Breakfast	O’Connor Auditorium
9:00–9:50 AM	Keynote: “The Trinity Experience: Past, Present, and You” – Dr. Rewa Burnham ’05	O’Connor Auditorium
10:00–11:00 AM	New Student Convocation	Notre Dame Chapel
11:30–2:00 PM	Lunch & Games	Cuvilly Café
2:00–5:00 PM	“Taking Care of Business” Advising, Registration, Billing	Payden Academic Center
5:00–6:30 PM	Dinner (Residential Students)	Alumnae Dining Hall
7:30 PM	Mystics vs. Lynx WMBA (must sign up to attend)	

Event Highlights

Keynote Address:

Distinguished Trinity alumna and English Department Chair **Dr. Rewa Burnham** will deliver an inspiring keynote address, ***The Trinity Experience: Past, Present, and You***, to incoming students ahead of the highly anticipated New Student Convocation.

New Student Convocation:

The time-honored tradition of New Student Convocation will take place in the historic Notre Dame Chapel. This meaningful ceremony includes the Presidential Address and the signing of the Trinity Honor Pledge, marking the official welcome into the Trinity community.

Trinity Heads to the WNBA!

Join your fellow Trinity students for an exciting evening as the Washington Mystics take on the Minnesota Lynx on Friday, August 21! This is a great opportunity to connect with your Trinity sisters, build new friendships, and experience the excitement of a live WNBA game. Reserve your spot by signing up with Dean Meechie. Space is limited and will be filled on a first-come, first-served basis, so don't wait!

Important: Students must travel to and from the game on the Trinity bus, which will depart campus at the designated time. Additional trip details will be shared with registered participants. Don't miss this fun opportunity to celebrate community, school spirit, and women's professional sports!